The Rules and Regulations of Lacey Soccer Club Inc., a registered 501(c)3 non-profit organization (hereafter referred to as the Lacey Soccer Club) will be those prescribed in the booklet entitled "Laws of the Game" and Universal Guide for Referees: current issue, published by the Federation Internationale De Football Association, and, for affiliated players, the Rules of New Jersey Youth Soccer, with the following amendments, modifications and exceptions:

Section I. Registration

- A. Registration of Players
 - 1. Registration open to all youth under 19 who are residents of Lacey Township, will be held at a designated time, prior to the start of each season.
 - a. Fall season shall be defined as July 1st to December 31st.
 - b. Spring season shall be defined as January 1st to June 31st.
 - c. Exceptions for registration of out of town players.
 - To maintain teams/club with a majority of Lacey Township Resident Players.
 - To preserve/sustain a team with a minority of Lacey Township Resident Players.
 - 3. Before accepting out of town players in the U8 through U12 age groups, all existing Lacey Soccer Club players must have a place to play in the Lacey Soccer Club
 - a. This rule does not apply to the U13 through U19 age groups; teams in these age groups must maintain a majority of Lacey players.
 - 4. All teams with out-of-town players must have their roster approved by Lacey Soccer Club Executive Board. Exceptions to Items 1, 2, and 3 above will be evaluated on a case-by-case basis.
 - 2. A registration fee shall be charged of all players who wish to participate in Lacey Soccer Club soccer programs.
 - a. The annual registration fee shall be set by the Executive Board as follows:
 - 1. Prior to tryouts for the Travel Program
 - 2. Prior to June 15 for the Instructional Program
 - b. Any registration fee increase in excess of 25% of the current registration fee shall require Lacey Township Recreation Department approval.
 - c. A full season registration fee shall be required of all players regardless of when during the season they register. The Executive Board will consider special circumstances on a case-by-case basis; in the event that a reduced fee is approved by the Executive Board the fee shall not be less than 50 percent of the full season registration fee.
 - d. Players registering during the seasonal year:
 - For the Instructional Program will be placed on an ageappropriate team
 - 2. For the Travel Program will be evaluated by the traveling team coach of their age group and age appropriate VP; and placed on either the Travel team or age-appropriate Instructional team based on the evaluation results
 - e. Registered players will not be allowed to play simultaneously in both the Lacey Soccer Club Travel and the Lacey Soccer Club Instructional programs during the same season, unless approved by the Lacey Soccer Club Executive Board.

- f. In the event that the number of registered players in the Travel Program is insufficient to meet the minimum roster size requirements of Lacey Soccer Club and/or Monmouth Ocean Soccer Association (MOSA), the Lacey Soccer Club Executive Board may allow a team to be entered into an alternate league, and players on this team may not be required to participate in the Lacey Soccer Club Instructional program. This scenario will be evaluated by the Lacey Soccer Club Executive Board on a case-by-case basis.
- g. To participate in the N.J. Wildcats Academy program Lacey Township Resident Players must play in the Lacey Soccer Club Travel Program (based roster availability). The Lacey Soccer Club Executive Board may deviate from this policy at its discretion on a case-by-case basis.
- B. Lacey Soccer Club Travel Program
 - Volunteers interested in coaching a travel team must submit a letter of intent to the Travel VPs. An interview process will take place for all applicants in which the following key areas will be discussed and evaluated.
 - a. Coach's and assistant coach's experience profile.
 - b. Training commitment & practice preparation.
 - c. Tournament commitment (Lacey Tournament for U8 through U14 plus one other tournament).
 - d. Team communication and fundraising.

The Executive Board will have the right of approval or denial of all coaching applications for competition traveling status on a yearly basis. All coaching applicants (head and assistant) are required to complete a background check. Background checks are required on an annual basis. It is the responsibility of the coach to maintain compliance with this requirement.

- 2. Lacey Soccer Club Travel Program requirements;
 - a. Hold tryouts on a yearly basis for newly registered players for U8 through U14. U8-U12 will be run by Lacey Soccer Club-approved Evaluators; U13 and U14 tryouts will be run by the coaches of the age group and overseen by Lacey Soccer Club-approved evaluators.
 - b. Request players from an existing secondary team (if applicable).
 - c. Players must be age appropriate according to Section C-2.
 - d. No minimum playing time requirement for 9 v. 9 and 11 v. 11 teams.
 - e. Playing time on 7 v. 7 and 4 v. 4 teams should be an average of 25 minutes per game across the entire season; with the exception of a discipline problem, in which case the parent and player should be advised prior to the game or at the time the problem arises during the game or shortly thereafter, the reason for the child's non-participation or removal from the game. The coach is required to notify the Travel VPs of disciplinary action and reasoning.
 - f. Roster size based on coach's / Executive Board discretion with minimum carding requirement consistent with the target league.
 - g. The competition traveling team who requests to play in a higher level league (i.e., MAPS/JAGS) must be approved by the Lacey Soccer Club Executive Board.
- 3. Special Clause:
 - a. All transfers of players will be done by written request to the Travel VPs who will notify the Registrar. Request will be reviewed for approval by the Lacey Soccer Club Executive Board.

- b. All transfers will be in accordance with NJYS requirements.
- c. The Lacey Soccer Club Executive Board will have final approval of competition traveling team rosters, transfer of players, approval of tryouts, and selection of coaches.
- d. Approval or denial will be based on the total impact to the Club and teams.

C. Rosters (Team Assignments)

- 1. Instructional Program
 - a. Players registering at any time during a seasonal year will be bound to the roster to which they are assigned for the balance of that particular seasonal year.
 - b. The Lacey Soccer Club Executive Board reserves the right to group ages and genders together in the Instructional Program based on the number of registered participants.
 - c. Transfers for Instructional team players will not be entertained. In cases of extreme/emergent circumstances a request must be submitted in writing to the Lacey Soccer Club Executive Board who will review and approve/deny the request.
 - d. Refund requests for registered players will be evaluated by the Lacey Soccer Club Executive Board in accordance with the written refund policy.
 - e. Lacey Soccer Club will maintain a written refund policy available to the general membership and prospective members at www.laceysoccer.com at all times.

2. Travel Program

- a. The age splits for divisions shall be those of United States Youth Soccer and New Jersey Youth Soccer. Players shall play within their own age group for the purpose of creating and maintaining teams in every age group and therefore developing the maximum soccer potential for the players of the Lacey Soccer Club
- b. Individual players may request, in writing, to the Executive Board for approval to play out of their age group by one year at least 1 week before tryouts, when:
 - 1. There are insufficient numbers of players in the proper age group to form a team.
 - 2. The player has no other team on which to play.
 - 3. The players' skills warrant their ascent to a higher level.
- c. A determination on all approved player requests will be made by the Travel VPs and presented to the Lacey Soccer Club Executive Board for final approval. The determination will be based on the following hierarchical criteria.
 - 1. For players trying out up for an 11 v. 11 team, the player must rank in the top 11; players trying out up for a 9 v. 9 team, the player must rank in the top 9; for players trying out up for a 7 v. 7 team, the player must rank in the top 7.
 - 2. For players meeting the requirements of 1. above, Lacey Soccer Club Executive Board will approve, if and only if, playing up is a benefit for Lacey Soccer Club and does not inhibit Lacey Soccer Club's ability to establish or maintain teams and players in the proper age group.

Lacey Soccer Club Executive Board will evaluate play-up requests on a case-by-case basis.

d. Team Mergers: teams may be merged when there are insufficient players in the age group to form a team. Team mergers must not cause undue hardship on players or create a situation that causes significant number of players not to play.

3. Roster Size

- a. Travel teams must abide by the Association rules of which they are a part (i.e., MOSA/JAGS/MAPS). And must meet the minimum Lacey Soccer Club Requirements (13 for 11 v. 11, 11 for 9 v. 9, 9 for 7 v. 7)
- b. Instructional team rosters shall be established by the appropriate Instructional VPs. Instructional team roster size shall not exceed twice the number of players on the field, unless approved by the Lacey Soccer Club Executive Board.

D. Travel Team Practices:

- 1. Travel team head coach shall inform appropriate Travel VPs of intent to start practice for both fall and spring sessions.
- 2. Players participating in travel team practices must have completed registration prior to participating.
- 3. In determining start date coaches should keep in mind field conditions and weather conditions before starting practice (particularly in the spring with the winter weather ending).
- 4. If there are field and or weather conditions that do not permit a reasonably safe learning environment, practices should not be held. If adverse conditions arise while practice is underway or immediately preceding practice start time, coaches should halt practice.
- 5. In the event of thunder/lightning, the field must be cleared immediately, and may only resume if there has been no thunder/lightning for a minimum of 30 minutes.
- 6. Coaches will not utilize fields at Gille or Hebrew Park for organized team practices and/ or scrimmages without being given consent by the L.S.C Executive Board.
- 7. An 'organized team practice' shall be defined as a Lacey Soccer Club approved coach/ assistant coach running an organized practice session involving drills with a majority (greater than 50%) of his/her registered team being present during the session.

Section II. League Affiliation

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A. The Lacey Soccer Club may affiliate any team or teams with any league with the approval of the Executive Board. League Affiliation must be completed in advance of the seasonal year in which they are planning to compete.

Section III. Uniforms and Equipment

- A. This uniform policy is applicable to all teams registered under the Lacey Soccer Club.
 - 1. All Lacey Soccer Club branded uniforms and apparel must be purchased from club approved vendor.
 - 2. The Lacey Soccer Club will provide a list of approved uniforms and apparel which teams can purchase from club approved vendor.
 - 3. No team is authorized to obtain Lacey Soccer Club-branded uniforms or Lacey Soccer Club-branded apparel/gear from any other vendor, or use the Lacey Soccer Club crest, without prior Lacey Soccer Club Executive Board approval.
 - Apparel/gear from sources other than Lacey Soccer Club approved vendor(s) requires Lacey Soccer Club Executive Board approval <u>prior to</u> ordering and seeking sponsors
 - 5. Violation of this policy by a travel team will result in disciplinary action including possible forfeit of that team's tournament allotment for the <u>seasonal year</u>.

- B. All Lacey Soccer Club players shall wear a Lacey Soccer Club-Approved Uniform at ALL Lacey Soccer Club Affiliated League games.
 - 1. All travel players will be required to purchase a uniform kit prior to the start of each fall season (or on a schedule agreed upon by the Lacey Soccer Club Executive Board, but not more frequently than annually). The kit will consist of two jerseys, one pair of shorts and one pair of field socks.
 - 2. All recreational players will be provided with a uniform shirt at the start of each fall season.
- C. All players shall be required to wear soccer shoes/cleats and shin guards at all regular games; and will not be permitted to play in any footwear that could present a hazard to themselves or others. No jewelry (i.e., earrings, watches, wristbands, plastic headbands, etc.) is allowed. Players requiring corrective or protective eyewear must wear appropriate sports safety eyewear, as per US Youth Soccer Guidelines for proper insurance.

Section IV. Conduct of Club Members

- A. All players, parents, and coaches are expected to exhibit good sportsmanship at all times, on and off the field, at all games, regular league or tournament, and at practice sessions. Soccer programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in soccer events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control. It is therefore expected that you be responsible for your words and actions while attending, coaching, officiating or participating in a soccer event and shall conform your behavior to the following code of conduct:
 - 1. To not engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
 - 2. To not encourage your child, or any other person, to engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
 - 3. To not engage in any behavior which would endanger the health, safety or wellbeing of any coach, parent, player, participant, official or any other attendee.
 - 4. To not encourage your child, or any other person, to engage in any behavior which would endanger the health, safety or wellbeing of any coach, parent, player, participant, official or any other attendee.
 - 5. To not use drugs or alcohol while at a soccer event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
 - 6. To not permit your child, or encourage any other person, to use drugs or alcohol at a soccer event and will not permit your child, or encourage any other person, to attend, coach, officiate or participate in a soccer event while under the influence of drugs or alcohol.
 - 7. To not engage in the use of profanity.
 - 8. To not encourage your child, or any other person, to engage in the use of profanity.
 - To treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
 - 10. To encourage your child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
 - 11. To not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
 - 12. To not encourage your child, or any other person, to engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.

- 13. To not initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
- 14. To not encourage your child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
- B. Any players, parents, or coaches failure to conform your conduct to the foregoing while attending, coaching, officiating or participating in a soccer event will be subject to disciplinary action, including but not limited to the following in any order or combination:
 - 1. Verbal warning issued by an Lacey Soccer Club Executive Board Member.
 - 2. Written warning issued by the Lacey Soccer Club Executive Board.
 - 3. Suspension or immediate ejection from a youth sports event issued by the Lacey Soccer Club Executive Board.
 - 4. Suspension from multiple youth sports events issued by the Lacey Soccer Club Executive Board and reporting to the Lacey Township Recreation Department.
 - 5. Season suspension or multiple season suspension issued by the Lacey Soccer Club Executive Board and reporting to the Lacey Township Recreation Department.
- C. Players and coaches will shake hands with the opposing team after every game.
- D. All coaches, parents, players and spectators are responsible for containing litter on and off the fields. At the conclusion of each game, the home team should inspect the field To ensure that all litter has been placed in the receptacle and or removed from the field and surrounding area.

Section V. Referees

- A. The referee assigned will be determined by the Association in which a team is competing.
 - 1. In those instances where Lacey Soccer Club referees are required, the Referee Coordinator will attempt to comply with the Association requirements and guidelines and assigning referees.
 - 2. State Youth Referee assignments, where required, will be made by the League appointed Assignor.
 - 3. Complaints concerning club referees, should be directed to the Referee Coordinator. Complaints concerning State Youth Associations (MOSA/MAPS/ JAGS) referees should be directed to the appropriate association representative and/or Lacey Soccer Club club president. For Travel programs: in the event the complaint involves a possible protest, the coach should contact the association representative and/or Lacey Soccer Club club president. As soon as possible after the game so that the appropriate action might be taken. No protest may be filed without first consulting with the association representative and/or Lacey Soccer Club club president.
- B. The Executive Board will organize and run referee meetings as needed; and will keep the general membership advised of all area referee courses of Club clinics which are offered.
- C. The Referee Coordinator will report all complaints concerning referees or complaints from referees concerning spectators, coaches or players to the Executive Board for further action.
- D. In instances where State Youth referees are assigned, fees will be paid in advance at the monthly General Membership meeting to the coach, assistant coach or team representative.
- E. Abuse of referees will not be tolerated. Misconduct by coaches, players, parents and or spectators will be referred to the Lacey Soccer Club Grievance Committee for disciplinary action. The L.S.C Executive Board may impose suspensions and or fines on the parents, players or coaches of a team.

Section VI. Coaches

A. All Travel Head Coaches and assistant coaches must be approved by the Lacey Soccer Club

Executive Board upon recommendation of the Travel VPs.

- B. All Instructional Coaches will be appointed by the Instructional VPs and Age Group Coordinator
 - 1. All coaches and assistant coaches will sign coach membership and code of conduct form, and kid's safe disclosure statement.
 - 2. Lacey Soccer Club will reimburse Instructional coaches for background check for a particular year provided that the coach provides documented proof of payment in the form of a receipt and participates in both Fall and Spring seasons as a coach. Participation requires attendance at not less than 75% of the events. Reimbursement will be paid in June following completion of the season.
- C. Any appeal of the Executive Board decision concerning appointment, reappointment or removal of a coach or assistant coach shall be made through the Grievance Committee.
- D. Any coach and/or assistant in the Travel Program and Ocean County Recreational Program shall be required to carry a minimum F License prior to the season start following assignment to a Lacey Soccer Club team. Lacey Soccer Club will reimburse the cost for any coach attending a State Coach F-License course, and will consider full or partial reimbursement for any other approved course (Max 1 per year). Reimbursement will be contingent upon coaching one full season following participation in the F-License (or other approved) course. Reimbursement will be paid in June following completion of the season.
- E. For recreational players of all ages, play time should be an average of 50% per game across the entire season with the exception of a discipline problem, in which case the parent and player should be advised prior to the game or at the time the problem arises during the game or shortly thereafter, the reason for the child's non-participation or removal from the game..
- F. Team / Individual Instruction All teams are eligible to use a Lacey Soccer Club-approved trainer. The Lacey Soccer Club requires that all teams in the 7v7 and 9v9 age group utilize the Lacey Soccer Club approved trainer to help develop their teams for fall and spring seasons, unless an exception is approved by the Lacey Soccer Club Executive Board. The Lacey Soccer Club recommends that all teams in the 11 v 11 age group utilize the Lacey Soccer Club approved trainer to help develop their teams. Any team or individual wishing to engage a non-approved instructor, for a Lacey Soccer Club approved activity must have the approval of the Lacey Soccer Club Executive Board, no exceptions.

Section VII. Tournament Participation (Travel Teams 7v7, 9v9, and 11 v 11)

- A. The Travel VPs and Treasurer will approve all teams to be entered in any tournament. Any teams who independently enter a tournament without Lacey Soccer Club Executive Board approval may be subject to disciplinary action, including possible suspension/removal of the coach and/or assistant coach(s).
- B. All travel teams are encouraged to enter into Tournaments during the seasonal year. Teams are required to participate in the Lacey Tournament. If the Lacey Tournament does not provide an age appropriate group, Lacey Soccer Club will fund a team's participation in an alternative event. The Lacey Soccer Club Executive Board will evaluate these situations on a case-by-case basis.
 - 1. All teams are responsible for the tournaments fees for said tournaments.
- C. State Cup Competition State Cup entry fees will be paid for Lacey Soccer Club Executive Board approved teams. Evaluation requirements include: Flight, Record and Competition Level. The club will not pay any fees for non-approved teams. Teams who enter the state cup are responsible for the referee fees for their first game played in the tournament, and if the team advances beyond the first game, the Club will pay any remaining referee fees due from the team unless they are picked up by NJYS (as of 2014 NJYS website: "NJYS will pay the referee fees for all semi-final and final games").

Section VIII. Fundraising

A. All teams will be expected to participate in fundraising for Lacey Soccer Club unless exempted by the Executive Board. Any team not participating in fundraising will not receive approval to enter any tournament; and the coach of said team will be subject to disciplinary action by the

- Lacey Soccer Club Executive Board. Lacey Soccer Club travel teams that do NOT participate in and complete their assigned duties for the annual Lacey Soccer Club Labor Day Tournament will forfeit all or a portion of any proceeds made from the tournament, portion to be decided upon by the Lacey Soccer Club Executive Board, and said proceeds will be redistributed to those travel teams that completed their assigned duties.
- B. Team Fundraising any team fundraising must be approved by the Treasurer prior to its commencement. All fundraising initiatives for individual teams (excluding those aimed at raising funds for club approved training, tournaments and apparel) must be approved by the Treasurer, appropriate Travel VP and the First Vice President (2 out of 3 affirmative votes needed at minimum) If there is a conflict of interest from any of the approval parties they must excuse themselves from the approval process.
 - 1. All monies raised through fundraisers must be deposited into the Lacey Soccer Club accounts. Deposits should be made within the spring or fall season in which they were raised. All funds to be raised should be with specific goals in mind (e.g., training, tournaments, apparel, etc.).
 - 2. Any travel team account expenditures over the amount of \$250.00 (excluding those being used for club approved training, tournaments and apparel) must be approved by the Treasurer, appropriate age group VP and the First Vice President, 2 out of 3 affirmative votes needed at minimum, If there is a conflict of interest from any of the approval parties they must excuse themselves from the approval process.
 - 3. Any travel team that carries over \$2,000.00 in their team account for 6 consecutive months or more requires a mandatory review by the head coach of the team with the Treasurer, appropriate age group VP and First Vice President in order to establish a proposed plan as to how the team funds will be utilized in the future.
 - 4. Any travel team that carries a negative balance in their team account prior to the start of a particular season (either Fall and/or Spring) will not be permitted to have professional training arranged for them by the Lacey Soccer Club for the impending season and will also not be afforded their team allotment from any tournament proceeds until the balance of their team account is brought into a positive amount.
 - 5. Any travel team that remains inactive by not actually playing in any club- approved soccer organization or club-approved tournaments for a period of 12 consecutive months or more will have any residual monies left over in their travel team account transferred to the operating account for the Lacey Soccer Club for general usage by the club. If players from the inactive team remain in Lacey Soccer Club (playing for another team), the proportional fraction of the inactive team funds will be routed to the team on which the player is currently rostered. The remaining funds will be transferred to the operating account.

Section IX. Poaching

Any team which attempts to induce or, through its members or representatives, induces a registered player of any other team (outside of Lacey Soccer Club) to leave his/her present team before the end of the current seasonal year, shall be deemed to have committed an offense and may be subject to one-year suspension for the first offense and permanent suspension for a subsequent offense for the player, offending coach or representative of the team at the discretion of the Executive Board. In the event a parent makes such an approach, the Executive Board may, at its discretion, impose the penalty upon the player or coach. — (Note: these are in addition to the Rules/Regulations of Affiliated Associations and governing organizations [i.e., MOSA and NJYS])

Section X. Grievance Policy

A. We at Lacey Soccer Club have maintained a consistent policy when dealing with the day to day running of any Lacey Soccer Club team. The Lacey Soccer Club Executive Board entrusts a team to a coaching staff and then allows them to run the team. We oversee all our teams to ensure that they follow the guidelines and policies of the club but our day to day involvement is minimal. We only deviate from this policy when the team either violates club policies and bylaws or some sort of situation is brought to our attention through

- phone calls or emails. We may receive several emails dealing with what parents feel are problems or issues with the team. Some of them may be very general. Terms such as "we are not getting better" or "we are not playing well" need to become more specific in order to deal with them. Please be specific in your complaint so that we can effectively consider the complaint and choose the proper course of action to follow.
- B. Before any complaints are accepted we ask that you please go to the coach of the team or the parent with which you have the complaint and try to work it out with them. If this fails or is not considered plausible please put that into the body of the complaint.
- C. The following are the guidelines used to issue a complaint with the Lacey Soccer Club Grievance Committee.
 - 1. The job of the Grievance Committee will be to gain an understanding of what the primary concern of the alleged complaint is so that we can properly address each area of concern.
 - 2. The President and/or appropriate Travel or Instructional VP will screen all complaints coming in by email or phone and will name someone to Chair the Grievance Committee for that particular incident if warranted.
 - 3. Any complaints received by any member of the board, regardless of the nature should be forwarded to the President for review and appropriate action.
 - 4. All Complainants must allow a minimum of 5 business days to respond.
 - 5. Complaints about playing time, practicing times, training, and other "team and coaching philosophy issues" will be forwarded to the appropriate Travel or Instructional VP to resolve.
 - 6. The Chairperson of the Grievance committee handling the complaint will inform the coach or parents involved. If the Chairperson of the Grievance committee deems it necessary to meet with the team, its parents, and/or its coaches, they can request this of the President or First Vice President of the Club.
 - 7. All appeals of Grievance Committee recommendations and decisions must be made in writing, within 5 business days, to the Board of Trustees.
- D. During the phone calls and subsequent meetings, we ask that everyone keep in mind that we are all volunteers, and as such we have responsibility to govern this organization according to U.S.Y.S., and N.J.Y.S. policy and guidelines.
- E. Please be thorough and cover all areas of your complaint so that nothing can be overlooked. When writing your complaint please remember that the coaching staff of the teams being fielded by this club are VOLUNTEERS! We as a club will do everything we can to train, educate, and prepare our coaches to properly train and handle the age groups they are dealing with. Please also remember that we are all human. While certain behaviors will not, and cannot be tolerated by this club, we must always remember the human element of the coaches, parents and children involved. Each coach in our club devotes countless hours working on practice plans, game strategies, coaching techniques and training sessions. Please show them the respect they all deserve when discussing what you perceive as problems on a team.
- F. All efforts will be made to maintain confidentiality of all complaints made to the Lacey Soccer Club Board, excluding the approved appointed members to address the situation as well as the parties involved. Please include your name and contact information with the complaint and do not to discuss this problem with anyone but those handling the problem.
- G. It is the goal, and aim of the board that all issues can be resolved amicably and without further incident.

Section XI: Approved Standing Motions

- A. Scrimmages at Hebrew Park and Gille Park will be allowed, only, when:
 - 1. Against an out of town opponent.
 - 2. Scheduled through Registrar.
- B. The Lacey Soccer Club will present scholarships annually to qualified applicants. The amount and

- the determination of proceeds will be determined by the Annual Budget Process and, approved by the Lacey Soccer Club Executive Board.
- C. All Travel Team Coaches must have their Team represented at all regularly scheduled General Membership Meetings. The Team may be represented by a Coach or Team/Parent Representative.
 - 1. Any Team not represented may be subject to penalties as follows:
 - a. A 10% reduction in Lacey Soccer Club Tournament proceeds allocated to teams will be applied for each meeting that the team is not represented at.
- D. All graduating high school seniors that have registered and played in the Club the previous 5 seasons will be entitled to a free registration for their final season.

Section XII: Recreational / Instructional Program

- A. These rules, guidelines, and participation requirements meet United States Youth Soccer Guidelines and are intended to create and maintain an environment that:
 - 1. Provides a safe environment for the players (acknowledging that soccer is a physical sport and that injuries may occur regardless of precautions taken)
 - 2. Fosters a love of the game
 - 3. Develops healthy competitiveness, sportsmanship, leadership, and teamwork
 - 4. Enables participants to develop skills and decision-making abilities necessary to progress to a competitive travel program
- B. Coaches are representatives and ambassadors of Lacey Soccer Club. A Lacey Soccer Club coach's role and responsibilities include:
 - 1. Training players in the basics and fundamentals of the game
 - 2. Teaching players the technical and tactical elements of the game such that they are able to make decisions on their own, apart from coaching or parental interference
 - 3. Acting in a courteous and constructive manner at all times
 - 4. Coming prepared to training sessions and matches
 - 5. Educating players and parents on the rules of the game
 - 6. Managing parent's expectations and behavior
 - 7. Supporting and encouraging the players, and encouraging the parents to do so as well.
- C. Coaches and parents deemed to be out of control or habitually violating the match rules and regulations as well as the guidelines set forth by the governing body of Lacey Soccer Club, will be subject to disciplinary.
- D. Coach and Player Preparedness Guidelines
 - 1. Players shall be required to wear soccer shoes/cleats or sneakers and shin guards during training and matches; and will not be permitted to play in any footwear that could present a hazard to themselves or others.
 - 2. No jewelry (i.e., earrings, watches, wristbands, plastic headbands, etc.) allowed.
 - 3. Players requiring corrective or protective eyewear must wear appropriate sports safety eyewear, as per US Youth Soccer Guidelines and consistent with Lacey Soccer Club's insurance coverage.
 - 4. Arrive at the training sessions 15 minutes prior to the start times, review the session plan with your trainer.
 - 5. Coaches are responsible for inspecting field conditions and field equipment (i.e., goals and nets) prior to matches. Lacey Soccer Club encourages coaches to carry tape and zipties to re-attach nets to goalposts when needed.
- E. Training and Game Schedule
 - 1. Coaches shall inform appropriate VP of intent to start practice for both Fall and Spring sessions, if there is any intent to start prior to the official Instructional season. In

Rules and Regulations of Lacey Soccer Club Inc.

As adopted April 9, 2018

- determining start date, coaches should keep in mind field conditions and weather conditions before starting practice (particularly in the spring with the winter weather ending).
- 2. Matches will only be allowed to be rescheduled for a valid reason (e.g., in the event that the head coach or assistant coach cannot attend the game) or for inclement weather, as determined by the club. Please advise the Program Vice President(s) and Age Group Coordinator (if one has been appointed) of any conflicts prior to game day so that we can attempt to find another coach to fill in with your team for that match prior to attempting to reschedule. Only the Instructional Vice President can approve the rescheduling of a game.
- 3. If there are field and or weather conditions that do not permit a reasonably safe learning environment, practices should not be held. If adverse conditions arise while practice is underway or immediately preceding practice start time, coaches should halt practice.
- 4. In the event of thunder/lightning, the field must be cleared immediately, and may only resume if there has been no thunder/lightning for a minimum of 30 minutes.

Coaches will follow field assignments at all times. Use of alternate fields for training and/or scrimmages is not allowed without consent from the Lacey Soccer Club Executive Board.

